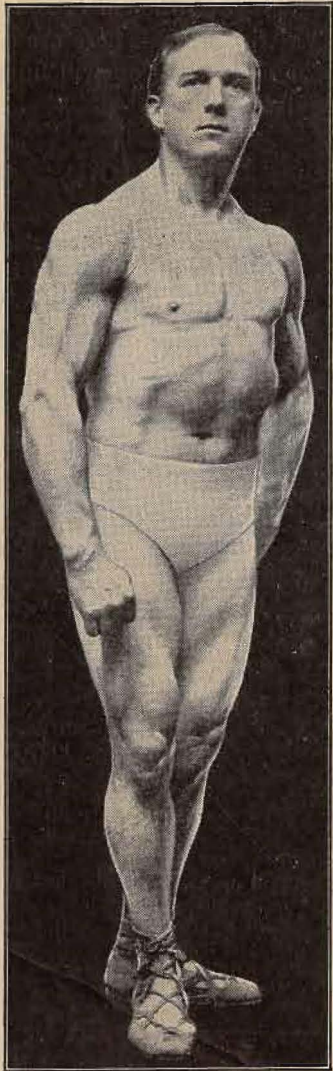


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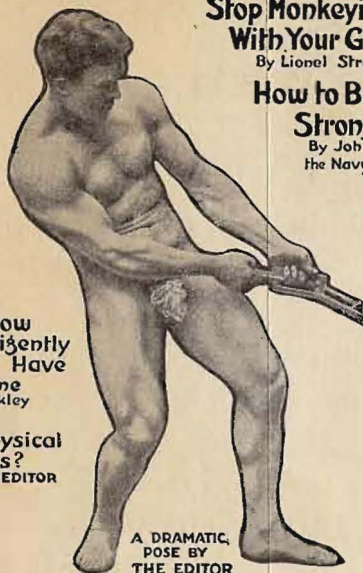
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With Your Glands**
By Lionel Strongfort

**How to Become
Strong**
By John J. Hajnos
The Navy Hercules

**How to Follow
Diets Intelligently
When You Have
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By H. Markley

**What Is Physical
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By the EDITOR



A. DRAMATIC
POSE BY
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Leading Features For October

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